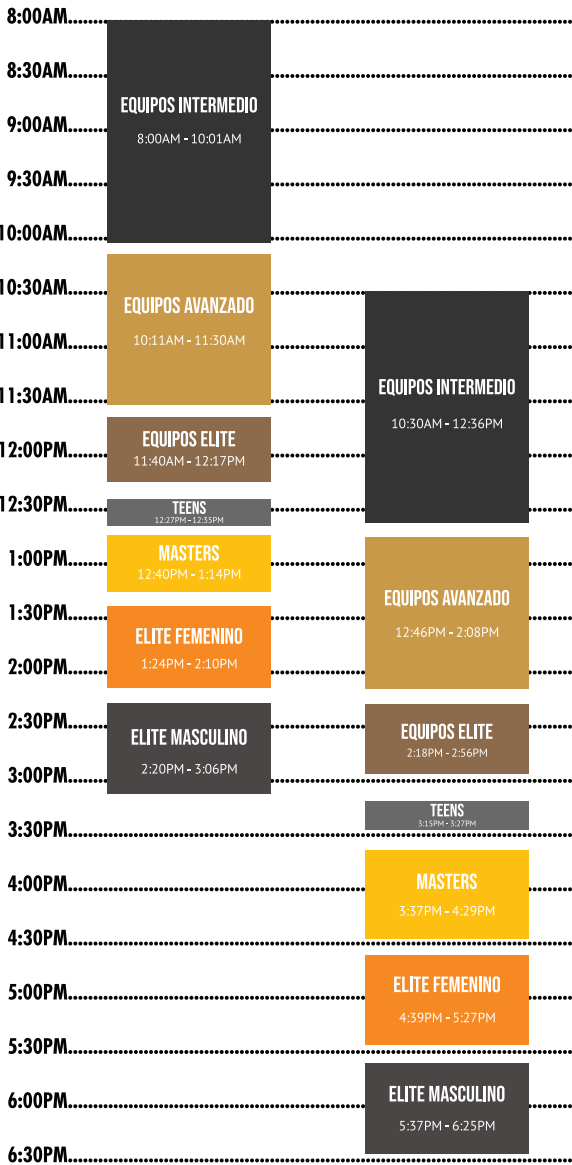




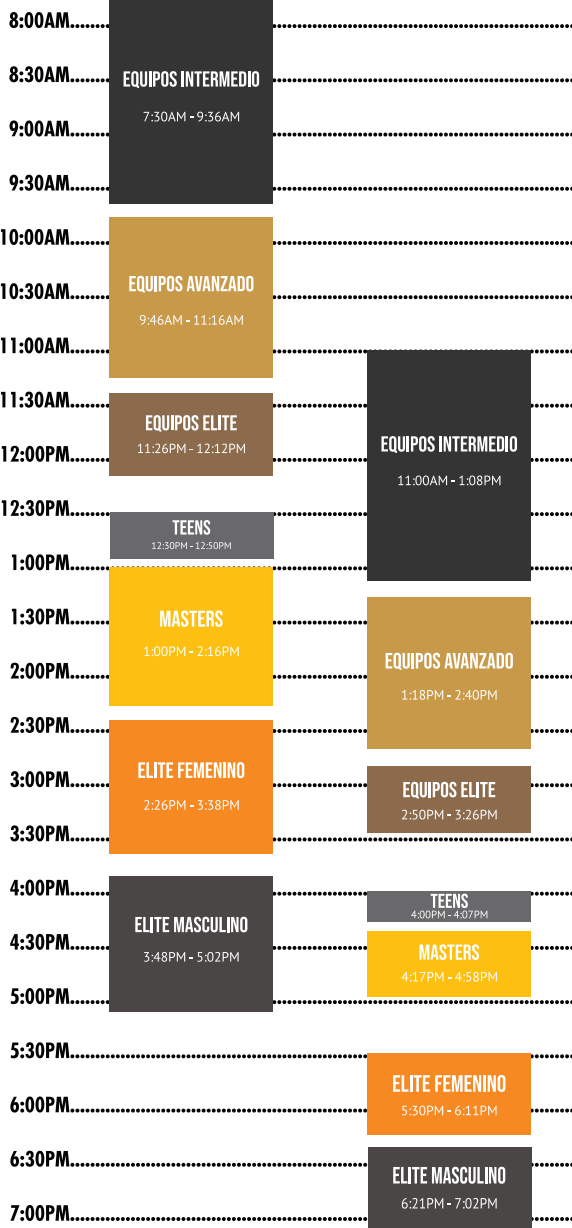
VIERNES

WORKOUT 1 PISCINA
WORKOUT 2 PLAZA JUBILEO



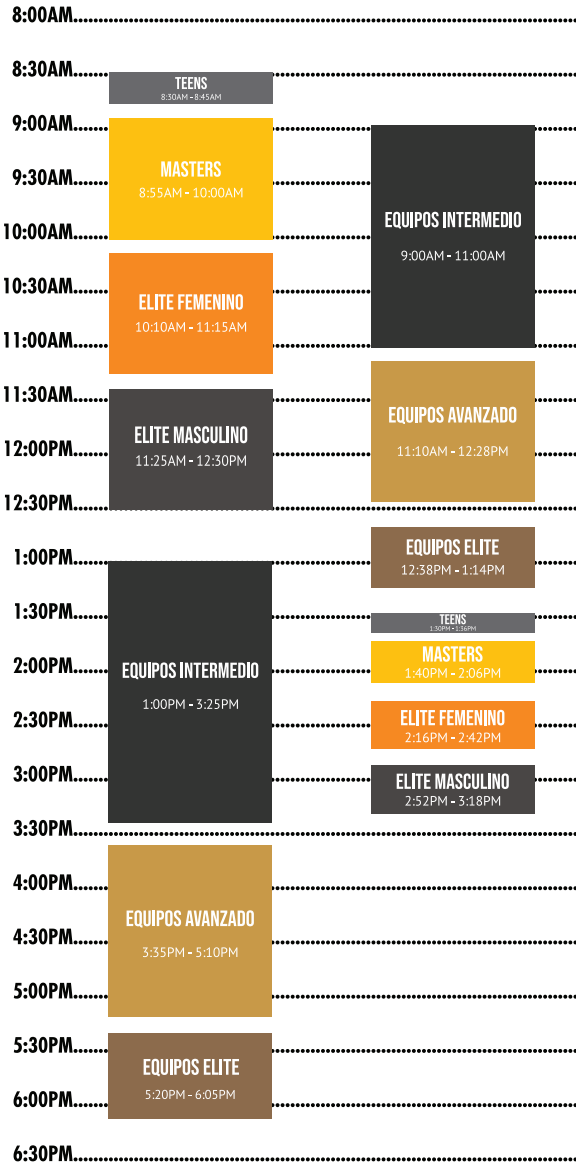
SABADO

WORKOUT 3 CAMPO FUTBOL
WORKOUT 4 PLAZA JUBILEO



DOMINGO

WORKOUT 5 PLAZA JUBILEO
WORKOUT 6 CAMPO FUTBOL



LUNES

WORKOUT 7 CAMPO FUTBOL
WORKOUT 7 PLAZA JUBILEO

